



T2023_07 Use antivirus software and firewalls

To access your data, hackers can target your systems and networks using a variety of techniques, including malware, viruses, phishing assaults, trojans, spyware, etc. Your system will be able to resist these attacks with the aid of firewalls and anti-virus software. You must make sure that your firewall or other security program is updated frequently to stop such online threats before they materialize. It is crucial for you as a user or employee to be aware of cyber security best practices in order to keep your data safe from attacks.

References

- Chowdary, C., & Chowdary, C. (2023). *Top cyber security tips and practices*. Retrieved from Intellipaat Blog.
<https://intellipaat.com/blog/cyber-security-tips-best-practices/?US#no1>