



# CIRT.GY

Guyana National Computer Incident Response Team

## **The Importance of Security Awareness Training in Preventing Cyber Attacks (27th February 2025)**

In today's digital world, cyber threats like phishing and social engineering are increasingly sophisticated, making security awareness training essential for every organization. Employees must recognize malicious emails, suspicious links, and deceptive tactics used by attackers to manipulate trust and urgency. Regular training sessions, phishing simulations, and a "Think Before You Click" mindset help reduce human errors, enhance incident response, and create a security-conscious culture. By fostering awareness, organizations not only protect sensitive data but also comply with industry regulations, ultimately strengthening their defense against cybercrime. After all, the best cybersecurity starts with informed and vigilant users.

### **References**

- CybSafe. (2023, October 24). 7 reasons why security awareness training is important in 2023. Retrieved from CybSafe. <https://www.cybsafe.com/blog/7-reasons-why-security-awareness-training-is-important/>
- Why employee cybersecurity awareness training is important. (2022, June 22). Retrieved from CIS. <https://www.cisecurity.org/insights/blog/why-employee-cybersecurity-awareness-training-is-important>