T2025_30 Review and Revoke Unused Third-Party App (October 13th, 2025)

Many users unknowingly grant excessive permissions to third-party applications connected to their email, social media, or cloud accounts, leaving them vulnerable long after those apps are no longer in use. These outdated connections can expose sensitive data if the third-party service becomes compromised, maliciously altered, or sold to untrusted developers. Regularly reviewing and removing unnecessary app permissions under your account's security or privacy settings such as in Google, Microsoft, or Facebook helps ensure that only trusted and essential apps retain access. Limit each app's permissions to the minimum required (for example, "read-only" access instead of full control) and perform periodic audits, such as every few months, across all major accounts. This simple practice minimizes your digital footprint, reduces your exposure to unauthorized data access, and strengthens both personal and organizational cybersecurity posture.

References

- Google Account Help. (n.d.). Remove third-party access to your Google Account. Retrieved October 12, 2025, from https://support.google.com/accounts/answer/3466521

- Microsoft. (n.d.). Edit or revoke application permissions in the My Apps portal. Retrieved October 12, 2025, from https://support.microsoft.com/en-us/account-billing/edit-or-revoke-application-permissions-in-the-my-apps-portal-169be2b4-ee26-4338-aea8-d19bb2f329ee